



SAILING TRIP 2026

AN EXPERIENTIAL EDUCATION EVENT
FOR STUDENTS AT UNIVERSITIES
IN MUNICH, FREISING
AND LANDSHUT



Dear students,

We invite you to join us for a very special experience. Come with us on a six-day trip aboard the sailing ship "Aagtje" and discover the Dutch Wadden Sea and yourself in a whole new way.

What are our plans?

Supported by two experienced skippers and depending on the weather and tides, we will sail the sea between the Dutch mainland coast and the West Frisian Islands. As a group, we will organise life on board together. We will learn how to set sails and steer a ship, help with the necessary work, cook and eat together, discover islands and harbour towns, and watch seagulls and seals.

Sailing means being dependent on nature and relying on cooperation within the crew. We move between the confines of the ship and the vastness of the horizon. For many people, sailing means venturing out of their comfort zone and, in a figurative sense, stepping onto shaky ground. Perhaps we will get to know our own limits and those of others. On this trip, we can experience how we personally feel about this and how we deal with the various challenges. If you wish, we also offer the opportunity to reflect on your own perceptions and reactions with guidance, thus deepening your personal learning experience. In this way, we get to know ourselves a little better and develop our teamwork skills.

Once a day, we offer a spiritual impulse. You decide for yourself whether you want to participate. The guides are also available for personal conversations.

Key data:

Travel period: Sunday, 27 September – Friday, 2 October 2026

Meeting point: 27 Sept 2026 from 6 p.m. at the berth of the 'Aagtje', Dokkade 1, 8862NZ Harlingen, Netherlands
(see red mark on map in attachment)

End: Friday, 2 October 2026, in the morning (return journey possible from 10 a.m.)

The ship: Detailed information about the ship, including pictures, can be found at www.aagtje.nl.

Two people will always share a cabin.

Luggage: Please note the equipment list in the attachment and the information on the Aagtje website.

Language: The guides and skippers speak German and English.

Costs: The university communities provide financial support for the trip, leaving you with a contribution of €300.

This includes the rent for the ship and all meals from Monday to Friday. You must also organise and finance your own travel to and from Harlingen (see below for details). If you book early (two to three months in advance), you can purchase return tickets from Munich for around €150 (without a railcard discount). There are no other costs, except for personal purchases such as ice cream or souvenirs.

Arrival and departure:

You are responsible for organising your own travel to and from our sailing trip.

The ship is easily accessible by train. Harlingen Haven railway station is only a five-minute walk from the ship's berth. The journey takes approximately 10 hours, so if you leave in good time, you will reach Harlingen Haven in the late afternoon. We will not set sail until Monday morning, so even if you arrive late on Sunday, it will not be a problem.

If you still want to carpool with other students, you will receive a list with the contact details of the participants after completing your registration. There are secure parking lots (for a fee, of course) near the harbour.

Safety:

We have a seaworthy vessel and experienced skippers on board, so there are no particular safety risks.

Nevertheless, we are out in the open air and will be physically active. In order to minimise the risk of accidents, please indicate on the attached registration form whether you have any physical or mental limitations that we need to take into account (e.g. knee problems, asthma, allergies, food intolerances, claustrophobia).

We also recommend that you check whether your health insurance covers a stay in the Netherlands and whether you have liability insurance.

We also invite all participants to a preliminary meeting in July (exact date to be announced), where we will provide detailed information about the trip.

Questions and registration:

There are 12 berths on the ship. Places will be allocated on a first-come, first-served basis. If you would like to participate, please send us your registration by 28 June 2026 at the latest (see below).

Or do you have any questions? Then please contact:

Thomas Boderke (pastoral care worker at KHG TUM), tel.: 0160 8035 341, email: tboderke@khg-tum.de

I am sure that we will have a wonderful and interesting time together and that you will take home some valuable experiences.

With warm regards,

Your teams at the Catholic University Communities

„Wherever we want to go, we go. That's what a ship is, you know.

It's not just a keel and a deck and sails. That's what a ship needs.

But what a ship is, what the Black Pearl really is... is freedom.“

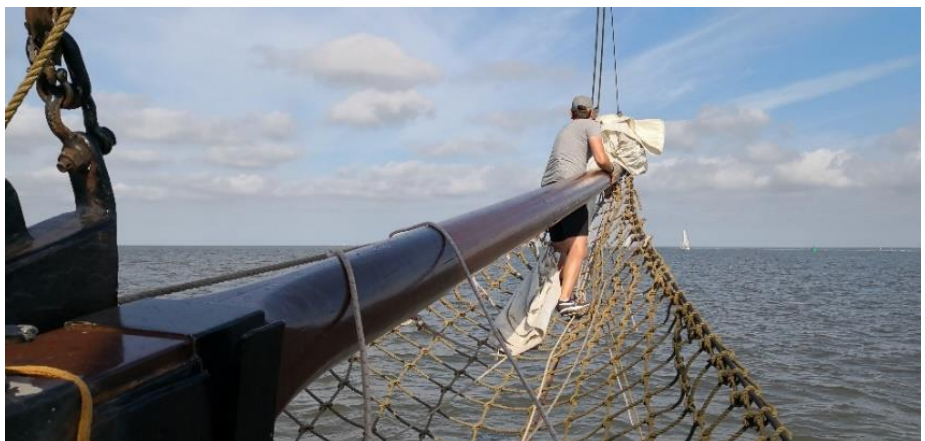
Captain Jack Sparrow

Appendices:

Equipment list

Map of Harlingen

Registration



Equipment list:

Essential:

- Shoes with rubber soles (for a firm grip on wet ground)
- Spare shoes (light trainers or trekking sandals)
- Rain jacket
- Scarf, neckerchief
- Hat or headband (wind protection)
- Fleece jacket or jumper
- Two pairs of long trousers and one pair of shorts
- Underwear, socks
- T-shirts
- Pyjamas
- Sun protection (sunglasses, cap, cream)
- Personal items (ID card, vaccination certificate, health insurance card, medication, book, writing materials)
- Toiletries
- Two towels
- Swimwear

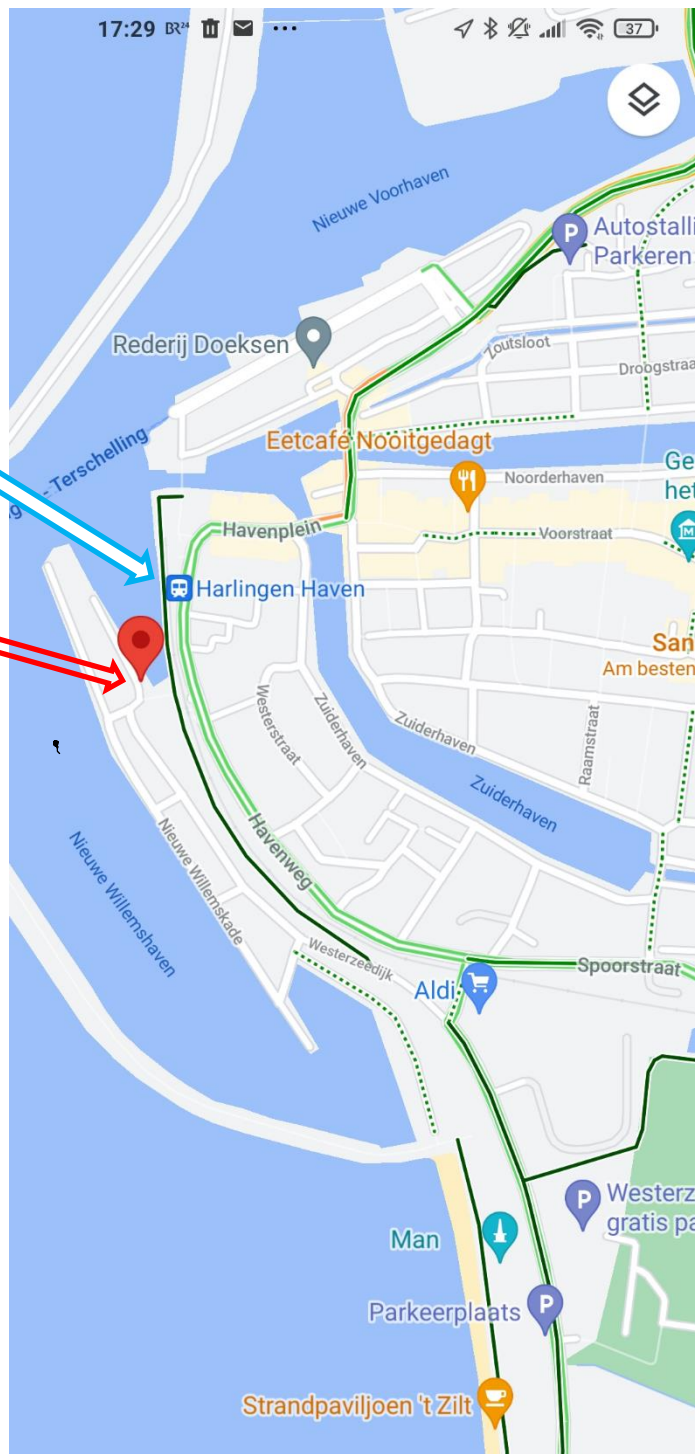
Optional (if available):

- Rain trousers
- Bath slippers
- Binoculars
- Musical instrument
- Torch
- Games

Train station

Berth of the Aagtje:

**Dokkade 1
8862 NZ Harlingen**



Sailing Trip 2026 - Registration

An experiential education event by the Catholic University Communities
in Munich, Freising and Landshut

Please scan/photograph and send to fboderke@khg-tum.de by 28 June 2026.

I can swim *well*, - *reasonably well* - *not very well*. (Underline the appropriate answer.)

With regard to catering, please note the following (e.g. allergies, food intolerances, vegetarians):

When engaging in physical activity, I must observe the following and take the following restrictions into account (e.g. asthma, orthopaedic restrictions):

My contact details (e-mail and/or telephone number):

I hereby confirm that I have read the information letter regarding the 2026 sailing trip.
I have completed the registration form in full.
There are no further obstacles preventing me from participating.

(Name in block letters)

(Date and signature)