



Spirituality and Community

Stay, Pray & Eat **D/E**

Experience community, connect with God and have fun together.

Tue, 6.30 pm, from Nov. 17th
KHG, Pyramidensaal | Zoom

Spiritual time-out

6.30 pm: Take a break from your daily routine and experience a time of meditation with words, songs and prayer.

KHG-FreiRaum

After that, ca. 7 pm:
Community, talk and socializing.

Meditation **D/E**

Practice meditation techniques to experience calmness in body and mind. Your inner and outer attitude can help to open up for the depths of your soul and for God's presence.

Wed, 7.30 pm, from Nov. 11th
KHG, Meditationsraum

Contact: Sabine Gerhard
Please register before participation (mandatory):
SGerhard@khg-tum.de

Yoga – Körpermeditation

Ein meditativ-spürender Zugang zum Körper unterstützt die innere Ausgeglichenheit.

Mi, 18-19 Uhr, ab 11. Nov.
KHG, Pyramidensaal

Leitung: Frieda Reisinger,
Yogalehrerin

Anmeldung erforderlich an:
Frieda.Reisinger@gmx.de
Kosten: 40 € Studierende
(Verdienende: 60 €)

Meditation in Garching

Do, 13-13.30 Uhr, ab 12. Nov.
CampusKirche *spiritum*
(Exzellenzzentrum, Boltzmannstr. 17)

Kontakt: Sabine Gerhard,
SGerhard@khg-tum.de
Kooperation mit EHG TUM

Technology & Ethics

Ringvorlesung Umwelt: **D/E**

„Does ecological destruction make us ill? Why environment protection is also health protection.“

Some talks in English, see homepage for topics.
Contact: Dr. Thomas Schindler,
TSchindler@khg-tum.de
A cooperation with AStA Umweltreferat, Carl von Linde Akademie der TUM (MCTS) and EHG TUM.

Events

Semester opening

Religious service, then meet & greet.
Tue, Nov. 10th 2020, 6.30 pm
KHG, Pyramidensaal | Zoom

Repair café for bikes **D/E**

Individual service and advice for repairing your bike.
Project period: Nov. 2nd to 15th
KHG, parking area

Make an appointment with Fritz,
FULrich@khg-tum.de

Design Thinking Workshop

Gemeinsam und kreativ an der Lösung von Umweltproblemen arbeiten.
Fr, 13. Nov. 2020, 13-19 Uhr
KHG, Pyramidensaal

Das Pubquiz

Bundesweiter Showdown der Hochschulgemeinden
Do, 19. Nov. 2020, 19 Uhr
KHG, Pyramidensaal | Zoom

Rorate - liturgy of light in Advent **D/E**

Have a mindful experience in Advent, open your senses and your soul and prepare for Christmas.
Dec. 4th | 10th | 17th 2020
every Thursday, 7 am,
KHG, Pyramidensaal

Christmas in a host family **D/E**

Spend Christmas together and be guest in a local Munich family.
More information: see homepage (www.khg-tum.de)

Garching Gespräche

„Heimat?!“ – ein Vortrag mit Dr. Norbert Göttler (Sozialwissenschaftler)
Mi, 20. Jan. 2021, 19.30 Uhr
Garching, Stadtbibliothek
Kooperation mit EHG TUM und TUM Campus Garching

Semester closing **D/E**

Religious service, then meet & greet.
Tue, Feb. 9th 2021, 6.30 pm
KHG, Pyramidensaal | Zoom

Study Professionally

Learning coach:
Karin von Schmidt-Pauli
Information and sign up:
info@professionell-studieren.de

Motivier Dich selbst! Projekte ergebnisorientiert planen, entspannt durchführen und erfolgreich beenden.

Sa, 21. Nov. 2020, 10-17 Uhr
KHG, Pyramidensaal
Kosten: 49 € inkl. Material

Schneller lesen für Prüfung und Masterarbeit

Die Lesegeschwindigkeit verdoppeln in wenigen Schritten: Schnell-Lese-Training in der Kleingruppe.
Sa, 28. Nov. 2020, 10-17 Uhr,
KHG, Pyramidensaal
Kosten: 59 € inkl. Material

Last minute exam coaching **D/E**

Individual consultation for your final exam preparations.
Fri, Jan. 15th | 22nd 2021
3-5 pm, Zoom | Skype
Fee: 10 € / 30 Min.
Application: 0178-7854254

Counseling and Coaching

Spiritual counseling **D/E** in matters of life and faith

Sabine Gerhard
SGerhard@khg-tum.de
Thomas Schindler
TSchindler@khg-tum.de

Coaching for postgrad students and academic staff **D/E**

Dr. Thomas Schindler
Contact and application:
TSchindler@khg-tum.de

Learning, exam and career coaching for students **D/E**

Get support to cope with motivational problems, exam anxiety or for decision-making in terms of your professional career.
Sabine Gerhard, Dipl. Coach
Contact and application:
SGerhard@khg-tum.de

Psychological counseling for German and international students **D/E**

Dipl.-Psych. Dr. Maria Miller,
Contact and application:
MaMiller@eomuc.de

Die Brücke **D/E**

Catholic counseling center for international students from Asia, Africa and Latin America.

KHG LMU, Leopoldstr. 11
Contact and application:
bruecke@caritasmuenchen.de

D/E = English and German

KHG = Venue Karlstraße 32



Welcome at KHG TUM!

We are here for you, of course even in the winter term 2020/21, which is again heavily affected by the corona pandemic. Take part in our various offers and events. We try to run them on-site in Karlstraße, but there will always be a virtual option. Get in touch with all your needs and ideas and feel free to use our counseling services when in need - as always free and regardless of your religion.

Sabine Gerhard, Director
SGerhard@khg-tum.de



Sabine Gerhard

Dr. Thomas Schindler, Theologian
TSchindler@khg-tum.de



Thomas Schindler

Petra Reichl, Receptionist
089/545924-0, PReichl@khg-tum.de



Petra Reichl

Fritz Ulrich, Student Tutor
FUlrich@khg-tum.de

Tobias Mairle, Student Tutor
TMairle@khg-tum.de

For your own safety we adhere to all legal requirements for infection protection at any time. Due to that our offers are subject to change or to be cancelled depending on the current situation of the Covid-19 pandemic.

Check out our website for more information about the KHG TUM and our detailed program.

Feel at home

Affordable coffee and soda
Free Wi-Fi with LRZ-Account/eduroam
Single-user desk for studies
Religious offers
Personality & qualification workshops
Community events
Individual help and support
Meet students from all over the world and Germany

Opening hours
Mon-Fri: 9 am - 7 pm

Office hours
Mon-Fri: 9 am - 1 pm

StudentenLeben

A place to study with free Wi-Fi via LRZ/eduroam.
Foyer and upstairs workplaces are available:
Mon-Fri 9 am - 7 pm

Please register at the office for access!

K+GTUM

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80333 Munich

at Campus Garching:

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Fax (089) 545924-22
info@khg-tum.de
www.khg-tum.de

Faculty Building MW
Area MW 0017
Boltzmannstr. 15
85748 Garching

U2 Königsplatz

Phone (089) 289-16602

#stayconnected



www.khg-tum.de



Be Human - Be Student - Be Christian

Project period: November 2nd to 15th 2020

➤ **Repair café for bikes**

starting November 10th 2020

➤ **Stay, Pray & Eat - your Tuesday evening in the KHG**

Dezember 4th/10th/17th 2020

➤ **Rorate - liturgy of light in Advent**

January 15th/22th 2021

➤ **Last minute exam coaching**

Winter Term 2020/21