**Spirituality and Community**

**Stay, Pray & Eat**

Experience community, connect with God and have fun together.
Tue, 6.30 pm, from Nov. 17th
KHG, Pyramiden saal | Zoom

**Spiritual time-out**

6.30 pm: Take a break from your daily routine and experience a time of meditation with words, songs and prayer.

**KHG-FreiRaum**

After that, ca. 7 pm:

- KHG-FreiRaum
- CampusKirche spiritum (Exzellenzzentrum, Boltzmannstr. 17)
Kontakt: Sabine Gerhard, SGerhard@khg-tum.de

**Technology & Ethics**

**Ringvorlesung Umwelt:**

„Does ecological destruction make us ill? Why environment protection is also health protection.“
Some talks in English, see homepage for topics.
Contact: Dr. Thomas Schindler, TSchindler@khg-tum.de

**Yoga – Körpermeditation**

Ein meditativ-spürender Zugang zum Körper unterstützt die innere Ausgeglichenheit.
Mi, 18-19 Uhr, ab 11. Nov.
KHG, Pyramiden saal
Leitung: Frieda Reisinger, Yogalehrerin
Anmeldung erforderlich an:
Frieda.Reisinger@gmx.de
Kosten: 40 € Studierende (Verdienende: 60 €)

**Meditation in Garching**

CampusKirche spiritum (Exzellenzzentrum, Boltzmannstr. 17)
Kontakt: Sabine Gerhard, SGerhard@khg-tum.de

**Design Thinking Workshop**

Gemeinsam und kreativ an der Lösung von Umweltproblemen arbeiten.
Fr, 13. Nov. 2020, 13-19 Uhr
KHG, Pyramiden saal

**Rorate - liturgy of light in Advent**

Have a mindful experience in Advent, open your senses and your soul and prepare for Christmas.
Dec. 4th | 10th | 17th 2020 every Thursday, 7 am
KHG, Pyramiden saal
Kosten: 49 € inkl. Material

**Events**

**Semester opening**

Religious service, then meet & greet.
Tue, Nov. 10th 2020, 6.30 pm
KHG, Pyramiden saal | Zoom

**Repair café for bikes**

Individual service and advice for repairing your bike.
Project period: Nov. 2nd to 15th
KHG, parking area
Make an appointment with Fritz, FUrich@khg-tum.de

**Garchinger Gespräche**

„Heimat?!“ – ein Vortrag mit Dr. Norbert Göttler (Sozialwissenschaftler)
Garching, Stadtbibliothek
Kooperation mit EHG TUM und TUM Campus Garching

**Semester closing**

Religious service, then meet & greet.
Tue, Feb. 9th 2021, 6.30 pm
KHG, Pyramiden saal | Zoom

**Study Professionally**

**Last minute exam coaching**

Individual consultation for your final exam preparations.
Fri, Jan. 15th | 22nd 2021
3-5 pm, Zoom | Skype
Fee: 10 € / 30 Min.
Application: 0178-7854254

**Schneller lesen für Prüfung und Masterarbeit**

Sa, 28. Nov. 2020, 10-17 Uhr
KHG, Pyramiden saal
Kosten: 59 € inkl. Material

**Coaching for postgrad students and academic staff**

Dr. Thomas Schindler
Contact and application: TSchindler@khg-tum.de

**学习, exam and career coaching for students**

Get support to cope with motivational problems, exam anxiety or for decision-making in terms of your professional career.
Sabine Gerhard, Dipl. Coach
Contact and application: SGerhard@khg-tum.de

**Psychological counseling for German and international students**

Dipl.-Psych. Dr. Maria Miller,
Contact and application: MaMiller@eomuc.de

**Die Brücke**

Catholic counseling center for international students from Asia, Africa and Latin America.
KHG LMU, Leopoldstr. 11
Contact and application: bruecke@caritasmuenchen.de

**Counseling and Coaching**

**Spiritual counseling in matters of life and faith**

Sabine Gerhard
SGerhard@khg-tum.de

**Coaching**

Thomas Schindler
TSchindler@khg-tum.de

**Learning, exam and career coaching for students**

D/E

Get support to cope with motivational problems, exam anxiety or for decision-making in terms of your professional career.
Sabine Gerhard, Dipl. Coach
Contact and application: SGerhard@khg-tum.de

D/E = English and German

KHG = Venue Karlsruhe 32
Welcome at KHG TUM!

We are here for you, of course even in the winter term 2020/21, which is again heavily affected by the corona pandemic. Take part in our various offers and events. We try to run them on-site in Karlstraße, but there will always be a virtual option. Get in touch with all your needs and ideas and feel free to use our counseling services when in need - as always free and regardless of your religion.

Feel at home

Affordable coffee and soda
Free Wi-Fi with LRZ-Account/eduroam
Single-user desk for studies
Religious offers
Personality & qualification workshops
Community events
Individual help and support
Meet students from all over the world and Germany

Opening hours
Mon-Fri: 9 am - 7 pm
Office hours
Mon-Fri: 9 am - 1 pm

StudentenLeben
A place to study with free Wi-Fi via LRZ/eduroam.
Foyer and upstairs workplaces are available:
Mon-Fri 9 am -7 pm
Please register at the office for access!

Sabine Gerhard, Director
SSGerhard@khg-tum.de

Dr. Thomas Schindler, Theologian
TSchindler@khg-tum.de

Petra Reichl, Receptionist
089/545924-0, PReichl@khg-tum.de

Fritz Ulrich, Student Tutor
FUlrich@khg-tum.de

Tobias Mairle, Student Tutor
TMairle@khg-tum.de

For your own safety we adhere to all legal requirements for infection protection at any time. Due to that our offers are subject to change or to be cancelled depending on the current situation of the Covid-19 pandemic.

Check out our website for more information about the KHG TUM and our detailed program.

Be Human - Be Student - Be Christian

Project period: November 2nd to 15th 2020

➡️ Repair café for bikes
starting November 10th 2020

➡️ Stay, Pray & Eat - your Tuesday evening in the KHG Dezember 4th/10th/17th 2020

➡️ Rorate - liturgy of light in Advent
January 15th/22nd 2021

➡️ Last minute exam coaching

#stayconnected

www.khg-tum.de

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