



## Welcome at KHG TUM!

We are looking forward to seeing you during the winter term 2021. Take part in our various offers and events. We try to run them on-site in Karlstraße, but there will always be a virtual option. Get in touch with all your needs and ideas and feel free to use our counseling services when in need - those are as always free, discrete and regardless of your religion.

**Sabine Gerhard**, Director  
SGerhard@khg-tum.de



Sabine Gerhard

**Dr. Thomas Schindler**, Theologian  
TSchindler@khg-tum.de



Thomas Schindler

**Petra Reichl**, Receptionist  
089/545924-0, PReichl@khg-tum.de



Petra Reichl

**Fritz Ulrich**, Student Tutor  
FUlrich@khg-tum.de

For your own safety we adhere to all legal requirements for infection protection at any time. Due to that our offers are subject to change or to be cancelled depending on the current situation of the Covid-19 pandemic.

**Check out our website for more information about the KHG TUM and our detailed program.**

## Feel at home

Affordable coffee and soda  
Free Wi-Fi with LRZ-account / eduroam  
Single-user desk for studies  
Religious offers  
Personality & qualification workshops  
Community events  
Individual help and support  
Meet students from all over the world and Germany

Opening hours  
Mon-Fri: 9 am - 7 pm

Office hours  
Mon-Fri: 9 am - 1 pm

### StudentenLeben

A place to study with free Wi-Fi via LRZ/eduroam.  
Foyer and upstairs workplaces are available:  
Mon-Fri 9 am - 7 pm

**Please register at the office for access!**

**K+GTUM**

Karlstraße 32  
80333 Munich

at Campus Garching:

Phone (089) 545924-0  
Fax (089) 545924-22  
info@khg-tum.de  
www.khg-tum.de

Faculty Building MW  
Area MW 0017  
Boltzmannstr. 15  
85748 Garching

U2 Königsplatz

Phone (089) 289-16602

#stayconnected



www.khg-tum.de

## Be Human - Be Student - Be Christian

Project period: October 18<sup>th</sup> to 29<sup>th</sup> 2021

➤ **Repair café for bikes**

October 30<sup>th</sup> 2021

➤ **Workshop „Techniques for distance learning“**

starting November 2<sup>nd</sup> 2021

➤ **Stay, Pray & Eat**

November 18<sup>th</sup> 2021

➤ **Pub Quiz - Germany-wide competition of student teams**

Dezember 2<sup>nd</sup>/ 9<sup>th</sup>/ 16<sup>th</sup> 2021

➤ **Rorate - liturgy of light in Advent**

Winter Term 2021



## Spirituality and Community

### Semester opening

Religious service, then meet & greet and socializing. Tue, Oct. 26<sup>th</sup> 2021, 6.30 pm **KHG**, Pyramidensaal

### Stay, Pray & Eat

Experience community, connect with God and have fun together. Tue, 6.30 pm, from Nov. 2<sup>nd</sup> **KHG**, Pyramidensaal | Zoom

### Spiritual time-out

6.30 pm: Take a break from your daily routine and experience a time of meditation with words from the bible, songs and prayer.

After that, ca 7 pm: Community and socializing.

### Yoga – Body Meditation D

A meditative and sensing approach to the body supports your inner balance. Wed, 5.45-6.45 pm, from Nov. 3<sup>rd</sup> 2021 **KHG**, Pyramidensaal

Contact: Frieda Reisinger, Yoga Instructor  
Application mandatory: Frieda.Reisinger@gmx.de  
Fee: 40 € for students (60 € for earners)

## Meditation

Practice meditation techniques to experience calmness in body and mind. Your inner and outer attitude can help to open up for the depths of your soul and for God's presence.

Wed, 7-8 pm, from Oct. 27<sup>th</sup> **KHG**, Pyramidensaal

Contact: Sabine Gerhard  
Application mandatory: SGerhard@khg-tum.de

## Meditation in Garching

Thu, 12-12.30 pm, from Oct. 21<sup>st</sup>  
Campuskirche *spiritum* | Zoom (Boltzmannstr. 17, Garching)

Contact: Sabine Gerhard, SGerhard@khg-tum.de

*A cooperation with EHG TUM*

## Semester closing

Religious service, then meet & greet and socializing. Tue, Feb. 8<sup>th</sup> 2022, 6.30 pm **KHG**, Pyramidensaal

D = German only

**KHG** = Venue Karlstraße 32

## Events

### Repair café for bikes

Project period: Oct. 18<sup>th</sup> to 29<sup>th</sup> **KHG**, parking area

Make an appointment with Fritz, FUlrich@khg-tum.de

### Pub Quiz

Playful showdown between Germany's campus ministries. Thu, Nov. 18<sup>th</sup> 2021, 7.30 pm **KHG**, Pyramidensaal | Zoom

### Garching Gespräche D

„Heimat?!“ - lecture with Dr. Norbert Göttler  
Wed, Nov. 24<sup>th</sup> 2021, 7.30 pm  
Stadtbücherei Garching

*A cooperation with EHG TUM, TUM Campus Garching and Stadtbücherei Garching.*

### Winter Concert

The Latin American band Mosaico plays for us, contemporary readings set the mood for Advent. Tue, Nov 30<sup>th</sup> 2021, 7.30 pm **KHG**, Pyramidensaal

### Advent celebration Campus Garching

Join us at the Christmas tree for hot spiced wine, ginger bread and festive music. Wed, Dec. 1<sup>st</sup> 2021, 4.30 pm  
Magistrale MW, Garching

*A cooperation with the Student Union Maschinenwesen and EHG TUM.*

### Rorate - liturgy of light in Advent

Have a mindful experience in Advent, open your senses and your soul and prepare for Christmas.

Dec. 2<sup>nd</sup> | 9<sup>th</sup> | 16<sup>th</sup> 2021 every Thursday, 7 am **KHG**, Pyramidensaal

### Network Africa

A group of African students, who plan to work on local problems in their native countries.

Meetings: see homepage **KHG**, Seminarraum | Zoom

## Technology & Ethics

### Ringvorlesung Umwelt: „Will technology save us all? A glimpse into a sustainable future.“

Some talks are in English, see homepage for topics: www.rivo.fs.tum.de

Dr. Thomas Schindler  
TSchindler@khg-tum.de

*A cooperation with AStA Umweltreferat, Carl von Linde Akademie at TUM (MCTS) and EHG TUM.*

## Study Professionally

Learning coach: Karin von Schmidt-Pauli  
Information/sign up: info@professionell-studieren.de

### Learning techniques for distance learning

Toolkit & success strategies to successfully tackle any online class and exam.

Sat, Oct. 30<sup>th</sup> 2021, 2-5 pm **KHG**, Pyramidensaal  
Fee: 29 €, materials included

### Schneller lesen für Prüfung und Masterarbeit D

Die Lesegeschwindigkeit verdoppeln in wenigen Schritten. Schnell-Lesetraining in der Kleingruppe.

Fr, 26. Nov. 2021, 10-17 Uhr, **KHG**, Pyramidensaal  
Kosten: 59 € inkl. Material

### Motivier Dich selbst! D

Projekte ergebnisorientiert planen, entspannt durchführen und erfolgreich beenden. So, 28. Nov. 2021, 10-16 Uhr **KHG**, Pyramidensaal  
Kosten: 49 € inkl. Material

### Individual study coaching

Only by appointment!  
Fee: 10 € / 30 min.  
Tue, 3-5 pm, from 26<sup>th</sup> Oct. **KHG**, Seminarraum | Online

## Counseling and Coaching

### Spiritual counseling in matters of life and faith

Sabine Gerhard  
SGerhard@khg-tum.de

Thomas Schindler  
TSchindler@khg-tum.de

### Coaching for postgrad students and academic staff

Dr. Thomas Schindler  
Contact and application: TSchindler@khg-tum.de

### Learning, exam and career coaching for students

Get support to cope with motivational problems, exam anxiety or with pending decisions in terms of your professional career. Sabine Gerhard, Dipl. Coach  
Contact and application: SGerhard@khg-tum.de

### Die Brücke

Catholic counseling center for international students from Asia, Africa and Latin America. KHG LMU, Leopoldstr. 11  
Please contact: bruecke@caritasmuenchen.de